

K a r r i e S t a n g ' s

Gotta Dance

101 Brick Kiln Rd. #4, Chelmsford, MA 01824

2022-2023 *Studio Handbook*



(978) 671-0400

ksgottadance.com

Gotta Dance Fall Schedule 2022/2023 Studio A

*Schedule is tentative and subject to change depending on enrollment. Classes begin September 10, 2022

<i>Day</i>	<i>Time</i>	<i>Age</i>	<i>Description</i>	<i>Instructor</i>
MONDAY				
	3:30-4:15	Comp Team members	Competition rehearsals	
	4:00-5:00	9-12	Ballet	Katrina
<i>*audition only</i>	5:00-6:00	9-12	Garnets	Katrina
	6:15-7:15	14+	Broadway Jazz	Thea
	7:15-8:00	12+	Tap	Katrina
	8:00-8:45	12+	Musical Theater	Katrina
TUESDAY				
	9:30-10:00	2+	Creative Dance	Heather
	10:15-11:00	4-6	Ballet/Tap	Heather
	4:00-4:45	6-8	Ballet	Katrina
	4:45-5:30	6-8	Tap	Katie
	5:45-6:30	Teen	Tap II/Tap III	Jessica
	6:30-7:15	10+	Musical Theater/Jazz	Katrina
	7:15-8:15	12+	Jazz	Katrina
WEDNESDAY				
	<i>*Some Wednesday</i>	<i>evening class times</i>	<i>subject to change</i>	
	3:45-4:30	9-11	Jazz	Liz
	4:30-5:15	9-11	Contemporary	Liz
	5:15-6:00	14+	Hip Hop	Liz
	6:00-6:45			
	6:45-7:30			
THURSDAY				
	3:00-3:30	3-4	Creative Dance	Katrina
	3:30-4:15	Comp Team members	Competition rehearsals	
	4:15-5:00	9-12	Hip Hop	Karrie/Katrina
	5:00-5:45	7-9	Jazz	Karrie
	5:45-6:30	7-9	Hip Hop	Jamie
<i>*audition only</i>	6:30-7:15	9-12	Opals	Cassey
<i>*ballet requirement</i> <i>(*may alternate studios)</i>	7:15-8:00	14+	Lyrical	Katrina
FRIDAY				
	9:30-10:00	3-5	Creative Dance	Heather
	10:00-10:45	4-6	Ballet/Tap	Heather
	4:00-4:45	5-7	Ballet/Tap	Katie
	4:45-5:30	7-9	Ballet	Katrina
SATURDAY				
	9:15-9:45	3-5	Creative Dance	Katrina
	9:45-10:30	4-6	Hip Hop	Brianna
<i>*audition only</i>	10:30-11:30	6-8	Sapphires/Ballet	Brianna
	11:45-12:15	6-8	Jazz/Hip Hop	Jamie
	12:15-1:00	7-10	Hip Hop	Brianna

*Updated 8/25/22

Gotta Dance Fall Schedule 2022/2023 Studio B

*Schedule is tentative and subject to change depending on enrollment. Classes begin September 10, 2022

<i>Day</i>	<i>Time</i>	<i>Age</i>	<i>Description</i>	<i>Instructor</i>
MONDAY				
	3:30-4:00	Comp Team members	Competition rehearsals	
	4:15-5:00	4-6	Ballet/Tap	Heather
	5:00-6:00	Teen	Broadway Jazz	Thea
	6:00-7:15	Teen	Ballet II	Jay
	7:15-8:30	Teen/Adult	Ballet III	Jay
TUESDAY				
	3:30-4:00	Comp Team members	Competition rehearsals	
	4:00-4:45	Teen	Acro	Katie
<i>*ballet requirement</i>	4:45-5:30	9-12	Lyrical	Katrina
	5:30-6:30	9-12	Acro/Jazz	Katie
<i>*ballet required/no recital</i>	6:30-7:15	12-Teen	Pre-pointe	Jessica
<i>*ballet requirement</i>	7:15-8:15	12+/teacher recom.	Pointe I	Jessica
	8:15-9:00	Teen 14+	Musical Theater	Jessica
WEDNESDAY				
	3:30-4:00	Comp Team members	Competition rehearsals	
<i>*audition only</i>	4:00-5:00	Teen	Sr CompTeam/Diamonds	Katrina
	5:00-6:00	Teen	Ballet	Katrina
<i>*ballet requirement</i>	6:00-7:00	12+	Contemporary II	Liz
	7:00-8:00	Teen	Jazz	Hannah
<i>*ballet requirement</i>	8:00-9:00	14+	Contemporary III	Hannah
THURSDAY				
	2:00-3:00	Adults/Seniors	Line Dance	Katrina
	3:30-4:00	Comp Team members	Competition rehearsals	
	4:00-5:00	Comp Team members	Competition rehearsals	Karrie/Katrina
	5:00-5:45	9-12	Tap	Katrina
	5:45-6:30	9-12	Ballet	Katrina
<i>*audition only</i>	6:30-7:15	13+	Jr Comp Team/Rubies	Karrie
<i>(*may alternate studios)</i>	7:15-8:15	16+/Adults	Lyrical/Jazz III	Cassey
FRIDAY				
	11:00-12:00	Adults/Seniors	Line Dance	Heather
	3:30-4:00	Comp Team members	Competition rehearsal	
	4:00-4:45	5-7	Hip Hop	Katrina
	4:45-5:30	5-7	Acro/Jazz	Katie
	5:30-6:15	7-9	Acro/Jazz	Katrina
	6:15-7:15	Adult (open level)	Lyrical/Jazz	Katrina
SATURDAY				
	8:15-9:00	Adult/Teen	Zumba	Katrina
	10:00-10:45	8-10	Ballet	Katrina
<i>*audition only</i>	10:45-11:30	8-10	Crystals	Jamie
	11:30-12:15	7-10	Lyrical	Brianna
	12:15-1:00	Teen	Lyrical	Katrina
	1:00-2:00	Teen	Ballet	Katrina
<i>*audition only</i>	2:00-3:00	Teen	Emeralds	Katrina
<i>*audition only</i>	3:00-5:00	Comp Team members	Competition Team	
SUNDAY				
	12:30-1:30	Adult/Teen	Zumba	Arpine

*Updated 8/25/22

Gotta Dance Tuition Information

REGISTRATION FEE: An annual registration fee of **\$20.00** per student or **\$25.00** per family will be due at the time of registration. **THIS FEE IS NON-REFUNDABLE** unless the class registered for does not run.

ANNUAL TUITION is due at your first class of each month and can be broken down into 10 monthly payments from September through June. Monthly payments remain the same regardless of 3-week, 4-week, or 5-week months. Statements will not be sent out unless payment is overdue. There will be a **\$25.00 late fee** if payment is not received by the 15th of each month. There will be a **\$25.00 fee for all checks returned** by the bank. **Gotta Dance** accepts cash, check, Venmo payments or automatic credit card withdrawals. **CREDIT CARD WITHDRAWALS:** Credit card withdrawal forms are available at the studio or on our website and are in effect for the current dance education year, so authorization forms must be filled out each year at the time of registration. *A Processing Fee of \$5.00 is applied to each credit card monthly transaction.

*Tuition is due on the first class of each month or can be mailed to: **Gotta Dance**, 101 Brick Kiln Road, #4, Chelmsford, MA 01824.

TUITION PRICES (*effective for classes beginning September 2022)

30 MIN. CLASS: \$380.00 PER YEAR or \$38.00 PER MONTH

45 MIN. CLASS: \$420.00 PER YEAR or \$42.00 PER MONTH

1 HR. CLASS: \$460.00 PER YEAR or \$46.00 PER MONTH

1 HR. AND 15 MIN. CLASS: \$500.00 PER YEAR or \$50.00 PER MONTH

1 HR. AND 30 MIN. CLASS: \$540.00 PER YEAR or \$54.00 PER MONTH

UNLIMITED CLASSES: \$165.00 PER PERSON PER MONTH; \$245.00 FAMILY RATE FOR 2 FAMILY MEMBERS; OR \$295.00 FAMILY RATE FOR 3+ FAMILY MEMBERS (excludes Competition Team Fees)

Family Discounts: (discounts exclude Zumba and Competition Team fees)

3 CLASSES - 10%

4 CLASSES - 15%

5 CLASSES - 20%

OTHER CLASS OPTIONS:

PRIVATE LESSONS: \$25 PER 30 MINUTE SESSION (EXISTING STUDENTS) OR \$30 PER 30 MINUTE SESSION (NON-STUDENTS)

SEMI-PRIVATE LESSONS (DUOS, TRIOS, ETC.): \$20 PER 30 MINUTE SESSION (EXISTING STUDENTS) OR \$25 PER 30 MINUTE SESSION (NON-STUDENTS)

ZUMBA: \$10.00 per class or 10 class Zumba punch-card for \$85.00.

WITHDRAWAL POLICY: You must notify the studio in writing via email if you intend to withdraw from class(es). The withdrawal will take effect from the date that your email was sent, not the date that the student last attended class. You are responsible for the tuition balance due on your account prior to your withdrawal. *If tuition is paid in full for the year and you withdraw after January 1st, no tuition refund will be given.*

ANNUAL PERFORMANCE AND COSTUMES: An annual performance is planned for the end of the season. This will tentatively take place Saturday, June 24, 2022. Costumes average from \$65.00-\$85.00 per class. Costumes must be ordered well in advance; therefore, costume deposits will be due the first week of November (\$45.00 deposit per costume – **THIS FEE IS NON-REFUNDABLE** under any circumstances). Costume balances will be due the first week of February. Students will receive their costume upon arrival once the balance is paid in full. Refunds will not be given, and costumes cannot be returned. Annual Performance tickets will run between \$24.00-\$26.00 each and are non-refundable. Ticket sale information will be given at a later date.

***IMPORTANT* ANNUAL RECITAL FEE:**

In order for us to keep our ticket prices affordable, hire a videographer, reserve the venue, lights/sound, pay our staff, purchase props, etc., we require all our families to pay a Recital Fee. **This fee is due March 1st.**

\$50.00 per dancer in the recital – includes video link and a recital t-shirt; \$80.00 per family with 2 dancers; \$100 per family with 3+ dancers – includes video link and recital t-shirts for dancers in the show. *Extra t-shirts can be ordered for other family members on Ticket Day.

Studio Guidelines

Rules and Regulations:

Students are expected to be on their best behavior at all times, respecting their instructor as well as the studio. Please encourage small children to use restrooms before or after their class. When picking up your child, please try to be prompt in arriving in a timely manner to make the transitional periods between classes run efficiently. For your safety, your child will not be released from class until a parent or guardian arrives inside the building to escort him/her out. Parents are strongly encouraged to drop children off. Socializing in the waiting area can be very distracting the class and instructors. If class has begun, please refrain from any questions or concerns that do not require immediate attention. Questions can be answered between classes or by reaching Karrie at (978) 671-0400. If questions or concerns require immediate attention please approach your instructor or call Karrie immediately.

Dress Codes: (please note our tights for the 2022/2023 season - Jazzy Tan Body Wrappers convertible tights)

Acro: Black leotard or cami, Jazzy Tan Body Wrappers convertible tights, black tap shorts, bare feet for ages 5-7, black or white Acro shoes for ages 7-Teen.

Ballet: Black leotard, Theatrical Pink Body Wrappers tights, ballet skirt or tap shorts, pink ballet slippers, hair pulled back away from face and off shoulders.

Ballet/Jazz Combo: Please follow Ballet dress code. Jazz shoes may need to be purchased throughout the year.

Boys Classes: Black jazz pants or sweatpants, solid color t-shirt or tank top, split sole dance sneakers or black jazz shoes preferred. (or any sneaker used only for dance class. Black is preferred and may be needed in performance).

Creative Dance: Black, pink, or purple leotard (attached skirt optional), any color tights, pink ballet shoes for girls, black jazz shoes for boys. Jazzy Tan Body Wrappers or Theatrical Pink Body Wrappers will be required for recital (TBA).

Dance Team: Black leotard, Jazzy Tan Body Wrappers convertible or stirrup tights, black jazz pants or tap shorts, and black jazz shoes, Nude Foot Undeez, hair pulled away from face and off shoulders.

Hip-Hop: Black leotard or tight fitted tank top, Jazzy Tan Body Wrappers convertible or stirrup tights, black jazz pants, split sole dance sneakers or black jazz shoes.

Jazz/Jazz Funk/Broadway Jazz: Black leotard, Jazzy Tan Body Wrappers convertible or stirrup tights, black jazz pants or tap shorts, black jazz shoes, hair pulled back away from face and off shoulders.

Lyrical/Contemporary: Black leotard, black tap shorts or Capris, Jazzy Tan Body Wrappers convertible or stirrup tights, Leather Capezio Pirouettes II H062 in NUDE (for classes ages Teen/Adult) or Foot Undeez (for classes 12 and under), hair pulled away from face and off shoulders.

Musical Theatre: Black leotard, black jazz pants or tap shorts, Jazzy Tan Body Wrappers convertible or stirrup tights, black jazz shoes, hair pulled away from face and off shoulders.

Parent & Tot: Children can dress in comfortable clothing and bare feet. Parents can come in comfortable clothing and socks or bare feet.

Pre-Pointe & Pointe: Black leotard, Theatrical Pink Body Wrappers tights, ballet skirt or tap shorts, pink ballet slippers and pointe shoes, hair pulled back away from face and off shoulders.

Tap: Black leotard, Jazzy Tan Body Wrappers convertible or stirrup tights, black jazz pants or tap shorts, tap shoes (ages 4-9 classes Maryjane taps, ages 9+ classes Oxford taps, any brand). Please go by class you are enrolled in. Not individual age. Hair pulled back away from face and off shoulders.

Please do not arrive to dance class with improper attire. Repeat violation of dress code will result in non-participation in class. Jeans, baggy clothing, and hair down will not be tolerated. Proper attire can be purchased at Damien's Dancewear located at 83 Parkhurst Road, Unit #3, in Chelmsford (Drum Hill area) (978-459-7300).

**Jewelry or gum chewing is not allowed in any class at any time.*

Attendance:

Students are expected to attend class regularly. Attendance will be taken at the beginning of each class.

Weather Conditions/Holidays:

If there is a school closing or early dismissal classes will be canceled. All canceled classes can be verified by calling (978) 671-0400.

Gotta Dance runs accordingly with the Chelmsford Public School System schedule and will be closed on all Holidays recognized by the public schools. Our tuition remains the same price each month whether it is a three week, four week or five week month and regardless of holidays, weather cancelations or absences and it secures your student's registration in that class. Classes can be made up by attending any other class equivalent to your own. **Refunds will not be given for absences or weather cancellations.*

Performances and Rehearsals:

A performance is planned for the end of the school year. Tentative dates are **Dress Rehearsal on June 22, 2023 (MANDATORY attendance for dress rehearsal in order to perform in the recital)** and **Performance on June 24, 2023**. All students are expected to participate in this performance. If this may be a concern for you please inform the instructor. This will not affect your child in class however, instructors need to be aware of non-performance participants. As these dates approach, mandatory extra rehearsals will be scheduled to prepare for the performance. This usually takes place one-week prior.

Instructor Biographies

Karrie Stang Mason has over thirty-eight years of study in dance, including jazz, ballet, hip hop, modern, lyrical, line dance, musical theatre, and Zumba. She has been teaching dance for over twenty-five years and has held entertainment positions at "Walt Disney World Resorts" and "Premiere Cruise Lines". She is a former member of "Stillpoint Dance Company" in Haverhill, MA and a former member of "Push Factor Dance Company". Karrie lives her life's passion as the founder/owner of **Gotta Dance** dance studio and teaches hundreds of students per week in the Merrimack Valley and Southern New Hampshire area. She has an associate degree in Dance from Northern Essex Community College where she also instructed dance classes, and attended the University of Nevada, Las Vegas in the field of Psychology and Physical Education. Karrie's other accomplishments include choreographing for the Concord Players' production of Chicago, West Side Story, The Scarlet Pimpernel and Dirty Rotten Scoundrels and Carlisle and Concord Middle School's production of Grease Jr., Willy Wonka Jr., Bye Bye Birdie and Godspell at UMASS/Lowell and performing in the musical, The Wiz for the Merrimack Valley Players. Karrie currently spends much of her time choreographing and preparing the **Gotta Dance** competition team for their upcoming season.

Katrina Rotondi has been dancing for over twenty years and is experienced in Tap, Jazz, Hip Hop, Ballet, Modern, Lyrical, Line Dancing and Musical Theater. She is also certified in Zumba and Zumba Gold. Katrina has been teaching for over ten years at **Gotta Dance** and also at several senior centers and recreations in the area. She has a bachelor's degree in Theater Arts with a concentration in Dance from Franklin Pierce College. Katrina's other accomplishments include an on-stage appearance in the Concord Players productions of West Side Story and Dirty Rotten Scoundrels. She has also choreographed for the Carlisle middle school production of Into the Woods and Bye Bye Birdie and the Lexington Players Spring Awakening. She is also a choreographer and teacher for the **Gotta Dance** competition teams.

Jay Newlon originally a BFA candidate in acting at the University of Tennessee (Clarence Brown Equity Theatre), transferred his energies to dance and studies under such luminaries as Eric Hawkins, Murray Louis, Nanette Charless and Hector Zaraspe in New York. He was an apprentice with the International Ballet of Caracas, a scholarship student with the Boston Ballet and performed in Boston with Jassin (Jeanette Neil), the Danny Sloan Dance Company, Bay State Ballet and the Opera Company of Boston. After a long hiatus, his recent engagements include performances with the Boston Dance Company, the Academy of Ballet Arts and soloist with Northern Ballet Theatre and Melrose Youth Ballet. Jay's recent accomplishments include many performances with the Concord Players.

Heather Dinsmore began dancing over 40 years ago and has been dancing as a student of **Gotta Dance** since 2006. With encouragement from family and friends, she has begun a new career - teaching her love of dance to the youngest of dancers. Heather is a Billerica native and took dance classes at Dance Unlimited, Patti Nichol's Dance Center and Donna Miceli Dance Center studying jazz, ballet, tap, and modern. She is a graduate of Eckerd College in St. Petersburg, FL, where she holds a BA in Human Development and a minor in Dance. While in college, she was a founding member of Co-Motion Dance Theater, spent a Winter Term studying theater in London, performed as Adriana in Shakespeare's *A Comedy of Errors*, and performed in the dance ensemble in productions of *A Chorus Line* and *Grease*. Heather worked for many years as a Recreation Director at a retirement home and was certified as a Therapeutic Recreation Assistant. She continued her dance education at Northern Essex Community College towards a Dance Education Certificate and continues to take classes in the area. She also teaches line dance and cardio classes at the Billerica Senior Center and other retirement communities in the area as well as several recreational classes for young students. She is the wife of a Billerica Firefighter and proud mother to Kelly, Joe and Ryan, all alumni of **Gotta Dance**.

Cassandra Floor started her dance career in musical theater. While she attended Fitchburg State College, she was the choreographer for Lowell High School's competing Show Choir as well as numerous local community theater productions. She also instructed lyrical classes for the FSC Dance Club and choreographed and performed in FSC's productions of Romeo and Juliet and Zorba! She graduated from Fitchburg State College with a B.S. in Early Childhood Education and a double major in Theater. She served as choreography adjudicator for the Mill City Show Choir Festival from 2008-2010. Currently, she is a first-grade teacher in Lowell Public Schools and shares her love of dance with her students by incorporating movement into their daily routine. Cassandra has been an instructor and choreographer at **Gotta Dance** for over 15 years. She teaches many styles, but she adores lyrical, contemporary, and tap. She enjoys working with serious dancers who want to grow their technique and is proud being a choreographer for the **Gotta Dance** Competition Team. Cassandra shares her love for dance with her daughter, Sophia.

Jessica Dearbeck has her Master of Science degree in Organizational Leadership and her Bachelor of Arts degree in Vocal Music from Mercyhurst College. Jessica has several years of dance training in Musical Theater, Ballet, Pointe, Tap, Jazz and Hip Hop. Over the past six years she has held the title of Director/Choreographer for High Schools and Community Theaters in the following shows: Into the Woods, The Wedding Singer, The Pajama Game, The 25th Annual Putnam County Spelling Bee, Grease, Follies, Bye Bye Birdie, State Fair, Anything Goes, and School House Rocks and Oklahoma. Jessica has also appeared in many performances as lead roles and head dancer. She lives her passion as a dance choreographer and instructor in the Merrimack Valley area. She has recently relocated from Pennsylvania to Massachusetts where her husband holds the title of Theater Director at Billerica Memorial High School.

Instructor Biographies (cont.)

Dorothea (Thea) Vaporis has studied ballet, pointe, jazz, and modern in the Greater Boston area for over twenty years. Thea received Vaganova style ballet through her mentor Judith Koeckhoven. She has performed roles in many local performances including the Nutcracker, Coppéila, and Gisele. Thea's love for ballet led her to become a published dance model. Local photographer Ella Prints published prints of Thea as Odette and Odile from Swan Lake. Thea furthered her knowledge of dance through the dance education program at Middlesex Community College. Thea continues learning about dance education through certifications, weekly classes, and workshops. Thea currently works as an esthetician and make-up artist, while working on her BA in History and Art History. She is the proud mom of Leo born July 2021.

Brianna Hogan has been a student at *Gotta Dance* since the age of 3, when she fell in love with dance. She has been dancing for 15 years and continues her dance education with Karrie Mason and the *Gotta Dance* staff as well as working with renowned instructors and choreographers attending master classes and conventions throughout New England area. Brianna has experience in jazz, hip hop, ballet, pointe, lyrical and contemporary. She has been involved with the *Gotta Dance* Competition and Dance Teams for the past 9 years and has performed in over 100 events. Brianna graduated from Rivier University with her Bachelor of Science degree in Nursing. She plans to get her master's degree in nursing and work as a nurse practitioner, while continuing to teach and share her love of dance with her students. She has been assisting classes for many years and loves working with the younger students at *Gotta Dance*. Brianna is very excited to continue teaching classes in the fall.

Elisabeth L'Heureux has been dancing since she was a year and a half old and is now going on 20+ years of dancing and 8+ years of teaching. First doing recreational dance then joining an elite team to pursue a more challenging form of dance and competing in it as well. She has been the lead dancer in her high school's musical in 2009 and 2010 as well as singing in the school's choir. After she graduated she was given the opportunity to choreograph for the dance team she was a part of growing up and began expanding her dance career there as well. She has won several convention scholarships at West Coast Dance Explosions, NYCDA, and Fire and Ice talent. She has also won outstanding choreography awards for large and small groups, as well as several top scoring soloist awards with her choreography. She has been featured in "The Visionary" a college film, G-Stars "Night Away" music video, Kevin James movie "Here Comes the Boom" and is a former dancer for Karina Rae and the shooting stars. She is always eager to learn the newest dance trends coming out and still continues furthering her dance education today.

Alyssa Murnane was a student at *Gotta Dance* for over 10 years and is happy to be back as a teacher. Along with her dance education with Karrie Stang Mason and the *Gotta Dance* staff she has worked with several well-known instructors and choreographers attending master classes and conventions throughout the New England area. Alyssa has experience in acrobatics, ballet, contemporary, hip hop, jazz, lyrical, and pointe. She is a longtime member of the *Gotta Dance* performance and competitions teams and has achieved many awards over the years for her hard work and dedication. Alyssa has participated in many local performances over the years sharing her talent and love for dance with the community at places such as nursing homes, senior centers, fairs and more. She has also been assisting classes and working with young children for the past four years. This past year Alyssa has taught lessons at the Lowell YMCA and was substitute teaching and choreographing at *Gotta Dance*. Alyssa loves dancing and working with children who share the same passion and is very excited to return as a part of the *Gotta Dance* staff for the upcoming season.

Hannah Jeffers was a student at *Gotta Dance* for 13 years and thrilled to be back as a teacher again this year. Along with her years of training from Karrie Stang Mason and the *Gotta Dance* staff she has attended many master classes and conventions taught by many instructors and choreographers. Hannah has experience in pointe, ballet, jazz, hip hop, tap, lyrical, contemporary, acro, and musical theatre. Hannah is a member of the performance and competition teams and has received many awards and achievements throughout her years of performing and competing. Along with dancing with the studio, Hannah has been a part many of Billerica Memorial High School's musicals such as Playing Favorites 2&3, Sweeney Todd, and Annie for which she was Assistant Dance Captain. Hannah has performed at local shows with our dance teams including senior centers, nursing homes and fairs. She has also been an assistant for four years in Acro, Jazz and Lyrical classes. For about five years, Hannah has been choreographing at a local summer camp that focuses on acting, singing, and dancing. Hannah loves dancing and working with all our students who share the same passion and determination that she has for dance.

Katie Alexander has 15 years' experience in tumbling and over 30 years' experience in various forms of dance including tap, jazz, ballet, clogging, ballroom, swing, and Irish. She is certified as an Instructor through USA Gymnastics. Katie has previously taught classes in tap, ballroom, and swing through KSA Dance, as well as community recreation programs. She has choreographed many theatrical productions including: "The Producers" and "Spamalot" (Concord Players), "Into the Woods" (Flyleaf), "Oliver" (Spotlight Players), "Fiddler on the Roof" (Windham), "Dirty Rotten Scoundrels" (Colonial Chorus), "West Side Story" (Woodland), "High School Musical" (Carlisle), and "Anything Goes" (SLOC), and has performed in many others. Katie has degrees in Psychology and Accounting and spends her days taking care of her two young daughters. We are glad to have Katie back at this season!

Jamie Johnson has been dancing for over 20 years where she has spent the last 14 years taking class at **Gotta Dance**. She found her passion for dance once she started taking classes at **Gotta Dance**. Jamie has also been a substitute teacher for many classes throughout the studio over the past several years. During her many years at the studio, she has been to various dance conventions and participated on the competition team for approximately five years. One of her favorite styles of dance is Jazz but she definitely enjoys all forms of dance. Jamie is very passionate and hardworking when it comes to her work and dance. She has been a preschool teacher for 7 years and has such a big heart for small children and seeing them grow and smile. Jamie is beyond excited to be joining the **Gotta Dance** family as a new teacher. Jamie attends Grand Canyon University where she is earning her bachelor's degree in early education. Once she finishes her degree she plans on working in the public school system and furthering her education and knowledge.

Class Descriptions

Acro: The class will focus on conditioning, flexibility, and tumbling. Basic Acro skills such as bridges, rolls, cartwheels, standing back bends, back walkovers, front walkovers, and limbers will be included. As students advance they will learn ariels, handsprings, and tucks. Dance elements will be incorporated into the class as well. Dancers should always come to class in dance/gymnastic attire preferably a leotard or fitted leggings and a cami top. Street clothes are not permitted, and hair must be worn up and securely fastened for safety reasons. Dancers will be barefoot during all Acro classes.

Advanced Classes: These level II, III, and IV classes are designed for instructors **and students** with a strong dance background. All advanced classes have pre-requisites of at least 2 years in the previous level class.

Ballet: This class is the true foundation for all other classes and will enhance your ability to learn all styles of dance. The discipline of ballet will improve posture, coordination, learning ability, and dance etiquette needed to study the art of dance. Ballet class is recommended for all dancers and is required for students taking advanced level classes or participating in performing companies.

Broadway Jazz: This upbeat class teaches Broadway-style jazz choreography and stage presence focusing on dance numbers from musicals past and present. Students will learn jazz technique, dance terminology, and develop coordination and flexibility.

Competition Teams: Competition Teams are designed for serious dancers who love to dance, perform, and compete. Competition students should dance at least 3-5 hours per week. Dance must be their number one activity. All competition students must be enrolled in ballet and jazz classes. Some dance experience is necessary. Auditions are required. Ages 7-Adult. Please see your instructor for more information.

Contemporary: Contemporary Dance is a compilation of different techniques based on Modern Dance. It involves integrating the mind body spirit connection with the dance movement. The dance may also strengthen improvisation skills to express the mood of the piece as there is an emotional connection to this style. This class is designed to expand a dancer's perception of dance by experimenting unique and creative movement in a non-conventional way. Contemporary class will include technique, improvisations, and creative patterns. This divergent discipline of dance is sure to create and/or enhance aesthetic awareness. Dancers are most often barefoot. Some ballet background required.

Creative Dance: Creative Dance is designed for preschool aged children. This class helps children to recognize their physical person. It teaches them dance moves with a fun approach through games and songs. This class also includes stretching, tumbling and development of motor skills.

Dance Teams: Dance Teams are designed for hard working students who love to dance and perform. They will be challenged with dance routines from all disciplines such as Jazz, Hip Hop, Ballet, Lyrical, Musical Theatre and more. They will be a part of our performing groups dancing at various locations throughout the year and representing "Gotta Dance". All dance team members must be enrolled in ballet class. Auditions required. Ages 7-Adult. Please see your instructor for more information.

Class Descriptions (cont.)

Hip-Hop: An enjoyable and challenging dance class with hip moves and fun foot work done to top 40 music. This class will enhance strength and coordination. Hip-Hop is very upbeat using different body parts in an up and down motion. Appropriate for both boys and girls!!! Jazz/ ballet class highly increases ability to learn hip-hop, though lit is not required, it is recommended that jazz/ballet class be considered as well).

Jazz & Jazz Funk: A great dance class with fun moves, teaching technique, dance terminology, coordination, and flexibility. Choreography will include leaps, turns, kicks, and many traveling steps, along with other fancy moves. This challenging class will be done to upbeat music. Jazz Funk adds a few hip-hop elements to the choreography and class technique. Great for all ages.

Line Dance: This class is designed for Adults and Senior Citizens. This is a great form of low impact exercise. Learn several Country and Social Line Dances done at functions from the Hustle to the Boot Scootin' Boogie. Dances will be done to a wide variety of music. Give it a shot!!! You'll love it.

Lyrical: This expressionistic class includes a combination of ballet and jazz dancing. With the leaps and turns of jazz combined with the fluency of ballet. This class teaches you balance, strength, posture, and the ability to release inner energy. Some ballet background is required, and Jazz experience is helpful.

Modern Jazz: This class combines Modern and Jazz foundations and technique. Modern is based on natural, expressive, and sequential movements. This dance technique was developed in the early 1900's along with the modern art explosion. Modern Dance expresses individuality and encourages the students to express a broad range of emotions through various qualities of movement. Students will learn techniques from Graham & Cunningham. Jazz develops isolation movements of specific body parts while incorporating different qualities of movement into choreographed sequences. The foundations of jazz will be based on Luigi's technique. Improvisation, creative movement, and basic technique are all incorporated into this Modern Jazz class.

Musical Theater: Fun, Fun, Fun!!! For the dancer who wants to act or the actor who wants to dance. This class is definitely designed for the "performer." Come on Drama Queens! This class will teach stage presence and self-confidence along with stylistic moves from Broadway musicals. Group vocals will play a role in this class. Too shy?? Come join us anyway, we will change that! Designed for ages 7+.

Parent & Tot: Your toddler is using his/her skills to become a good problem solver and is beginning to understand the patterns and actions they need to perform, and in what order, to reach a goal. Through this motor planning, they will imitate and will begin to understand the use of objects. The activities we will do will support motor planning, color recognition, listening, taking turns, and following directions.

Tap: Let's make some noise! This fun class will teach the coordination of making rhythmic music with your feet. This class will consist of quick foot work with upper and lower body movement while learning to understand more about music and its rhythm.

Zumba®: This Dance/Aerobic program incorporates footwork and body movements from flamenco, salsa, and other dances. Participants pump their legs, windmill their arms, gyrate their hips, clap their hands, dip, slide, and spin all to a frenzied beat that leaves them with flushed cheeks and dripping in sweat.

Gotta Dance

101 Brick Kiln Road #4, Chelmsford, MA 01824

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2022/2023 Calendar

We follow the *Chelmsford Public Schools* weather related school delays/cancelations – if school is delayed, no morning classes before 12:00 pm, if school is canceled, the studio will be closed. There will be a message on the studio voice mail to confirm openings and closings as well as notices posted to our social media: (Facebook – “KS Gotta Dance”, Instagram – “ksgottadance”).

2022

Saturday, September 10 th	First day of 2022/2023 classes begin!
Monday, October 10 th , Columbus Day	CLOSED – no classes
Tuesday, November 8 th , Election Day	OPEN for all classes
Friday, November 11 th , Veteran’s Day (Observed)	OPEN for all classes
Wednesday, November 23 rd – Saturday, November 26 th	CLOSED for Thanksgiving holiday weekend
Friday, December 23 rd – Monday, January 2 nd	CLOSED for Holiday Celebrations/school vacation week

2023

Monday, January 16 th , Martin Luther King Day	CLOSED – no classes
Monday, February 20 th – Saturday, February 25 th	CLOSED for February school vacation week
Friday, April 7 th , Good Friday & Saturday, April 8 th	OPEN for all classes
Monday, April 17 th – Saturday, April 22 nd	CLOSED for April school vacation week
Monday, May 29 th , Memorial Day	CLOSED – no classes
Monday, June 19 th	Last day of 2022/2023 classes
Tuesday, June 20 th - Wednesday, June 21 st	In-house studio rehearsals
Thursday, June 22 nd	Dress Rehearsal at the Collins Center
Saturday, June 24 th	Annual Recital Performance at the Collins Center

*Updated 8/10/2022

Gotta Dance

Covid 19 Policies and Procedures

(Updated 8/10/2022)

For our 2022/2023 dance education season, our Covid 19 Policies and Procedures are as follows:

- **Masks are *OPTIONAL* for all dancers and family members.**
- ***Any individual who wishes to continue to mask, including those who themselves or family members face higher risk from COVID-19, will be supported in that choice.***
- ***We highly recommend masking for unvaccinated dancers and family members who come into the studio.***

While we are operating as a small business, we feel that we are education oriented and want to follow as closely as possible the Covid policies and procedures in place at our local public schools which is the reason for this update.

- Hand sanitizer is available for use before and after class, staff will disinfect all equipment (props, mats, etc.), touch surfaces and entry points as needed before and/or after classes and the entire facility will continue to be deep-cleaned and sanitized once each week. The safety of our students, staff and their families are of our utmost importance.
- We will be re-evaluating our Covid policies and procedures as needed and will notify families with updates.

When to stay at home:

- ***If a dancer or staff member test positive for Covid-19***, they quarantine at home and not return to the studio for a minimum of 5 days after symptom onset or after positive PCR or antigen test if asymptomatic. They can return to classes on the 6th day once they have been without fever for 24 hours (and without taking fever-reducing medications); and experienced improvement in other symptoms. Following the 5-day isolation period, individuals must mask for 5 additional days when around others. *Repeat testing documentation prior to return to the studio is not needed.*
- ***If a dancer or staff is identified as a close contact*** and they are vaccinated and showing no symptoms they can continue to come to class but it is recommended to wear a mask for 5 days. They should test at home to confirm they have a negative test result on the 5th day. If they are unvaccinated or not able to be vaccinated, even if they are showing no symptoms, it is recommended they stay home for 5 days and can return on the 6th day and must mask for an additional 5 days.

Dancers should consider bringing the following items to dance classes:

- Reusable water bottle (with full name written on the bottle)
- Dance bag tagged with the dancer's full name and emergency contact name and number
- Personal hand sanitizer

Drop off & pick up:

- Dancers are allowed to arrive early for class and wait in the waiting area for class to begin and may use the cubbies to store dance bags while in class.
- The waiting area will remain closed to anyone other than teachers and dancers during afternoon classes. Parents/Guardians of dancers in our morning classes and afternoon classes with dancers under age 7 may stay in the waiting area if wearing a mask.
- Parents/Guardians of older dancers are encouraged to wait in their cars in the parking lot or may leave after drop-off and return to pick up at the appropriate time.

During class:

- Dancers and staff members have the option to sanitize hands upon entry to the studio space.
- Only one dancer at a time will be permitted to go to the restroom.

Health Screening:

- Parents are expected to screen their own dancers for Covid 19 or other transmissible disease symptoms.
- Anyone with a cough, difficulty breathing, head lice or fever greater than 100 should NOT come to class.

Protecting our students and staff:

- HVAC will be turned on in each studio to assist with air circulation. An air purifier has been installed in Studio A.
- The entire facility will continue to be deep-cleaned and sanitized once each week.
- Staff will disinfect all equipment (props, mats, etc.), touch surfaces and entry points as needed before and/or after classes.