

K a r r i e S t a n g ' s

# *Gotta Dance*

*101 Brick Kiln Rd. #4, Chelmsford, MA 01824*

## **2020-2021** *Handbook*



**(978) 671-0400**  
**ksgottadance.com**

# Gotta Dance Fall Schedule 2020/2021 Studio A

<i>Day</i>	<i>Time</i>	<i>Age</i>	<i>Description</i>	<i>Instructor</i>
<b>MONDAY</b>				
<i>Limit 6</i>	3:00-3:45	4-6	Ballet/Tap	Heather
<i>Limit 6</i>	4:00-4:45	4-6	Ballet/Tap	Heather
<i>Limit 6</i>	5:00-5:45	12+	Broadway Jazz	Thea
<i>Limit 6</i>	6:00-6:45	Teen	Broadway Jazz	Thea
<i>Limit 6</i>	7:00-7:30	12+	Tap	Katrina
<i>Limit 6</i>	7:45-8:30	Adult/Teen	Zumba	Katrina
<b>TUESDAY</b>				
<i>Limit 6</i>	9:30-10:00	2+	Creative Dance	Heather
<i>Limit 6</i>	10:15-11:00	4-5	Ballet/Tap	Heather
<i>Limit 6</i>	4:00-4:45	6-7	Ballet	Alyssa
<i>Limit 6</i>	5:00-5:30	6-7	Tap	Katrina
<i>Limit 6</i>	5:45-6:30	Teen	Tap II	Jessica
<i>Limit 6</i>	6:45-7:30	10+	Musical Theater/Jazz	Katrina
<i>Limit 6</i>	7:45-9:00	Teen/Adult	Tap/Musical Theater	Katrina
<b>WEDNESDAY</b>				
<i>Limit 6</i>	4:00-4:45	8-10	Hip Hop	Liz
<i>Limit 6</i>	4:45-5:30	8-10	Contemporary	Liz
<i>Limit 6</i>	5:45-6:30	Teen	Hip Hop	Liz
<i>Limit 6</i>	6:45-7:30	10+	Hip Hop	Liz
<i>Limit 6</i>	7:45-8:30	Adult/Teen	Zumba	Arpine
<b>THURSDAY</b>				
<i>Limit 6</i>	11:00-11:30	3-5	Creative Dance	Heather
<i>Limit 6</i>	1:00-1:45	4-5	Ballet/Tap	Heather
<i>Limit 6</i>	3:00-3:30	3-4	Creative Dance	Katrina
<i>Limit 6</i>	4:15-5:00	7-9	Hip Hop	Brianna
<i>Limit 6</i>	5:15-6:00	9-12	Tap	Katrina
<i>Limit 6</i>	6:15-7:00	6-8	Acro/Jazz	Hannah
<i>Limit 6</i>	7:15-8:15	Jr. Comp Team/Rubies	Technique/Choreography	Katrina
<b>FRIDAY</b>				
<i>Limit 6</i>	9:30-10:00	3-5	Creative Dance	Heather
<i>Limit 6</i>	4:00-4:30	4-6	Ballet	Alyssa
<i>Limit 6</i>	4:45-5:30	8-10	Opals Team/Petite Comp	Alyssa
<b>SATURDAY</b>				
<i>Limit 6</i>	9:15-9:45	3-5	Creative Dance	Katrina
<i>Limit 6</i>	10:00-10:45	4-6	Hip Hop	Brianna
<i>Limit 6</i>	11:00-11:30	6-8	Tap	Katrina
<i>Limit 6</i>	11:45-12:30	7-10	Hip Hop	Alyssa
<i>Limit 6/*audition only</i>	12:45-1:45	6-8	New Dance Team/Ballet	Alyssa

\*Updated 10/4/2020

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\*Schedule is tentative and subject to change depending on enrollment. Classes begin October 5, 2020

# Gotta Dance Fall Schedule 2020/2021 Studio B

<i>Day</i>	<i>Time</i>	<i>Age</i>	<i>Description</i>	<i>Instructor</i>
<b>MONDAY</b>				
<i>Homeschooled students</i>	10:00-11:00	11+	Lyrical/Jazz	Thea
<i>Homeschooled students</i>	11:15-12:00	9-12	Lyrical/Jazz	Thea
<i>Homeschooled students</i>	1:00-1:45	6-8	Ballet/Jazz	Thea
	3:45-4:45	9-12	Ballet	Katrina
<i>*audition only</i>	4:45-5:30	10+	Sapphires Team/Jazz	Katrina
<i>*teacher rec/jr. comp team</i>	5:45-6:45	12+	Ballet II	Jay
<i>Sr. comp team</i>	7:00-8:15	Teen/Adult	Ballet III	Jay
<b>TUESDAY</b>				
	3:45-4:30	7-9	Tap	Katrina
	4:45-5:30	7-9	Acro/Jazz	Alyssa
<i>*dance class requirement</i>	5:45-6:30	10+	Acro	Katrina
<i>*ballet required/no recital</i>	6:45-7:30	11-Teen	Pre-pointe	Jessica
<i>*ballet required</i>	7:45-8:45	12+/teacher recommend	Pointe I	Jessica
<b>WEDNESDAY</b>				
	4:00-4:50	13+ (comp members)	Sr. Comp Team/Diamonds	Karrie
	5:00-5:50	11+	Jazz	Katrina
	6:00-6:50	11+	Ballet	Katrina
<i>*ballet requirement</i>	7:00-7:50	11+	Contemporary	Hannah
<i>*ballet requirement</i>	8:00-8:50	Teen	Contemporary II	Liz
<b>THURSDAY</b>				
<i>*audition only</i>	4:00-5:00	12+	Emeralds Team/Jazz	Karrie
	5:15-6:00	7-9	Jazz	Karrie
	6:15-7:00	11+	Lyrical	Karrie
	7:15-8:15	Comp members/Adult	Lyrical/Jazz III	Cassey/Karrie
<b>FRIDAY</b>				
	4:00-4:30	5-7	Hip Hop	Katrina
	4:45-5:15	5-7	Acro/Jazz	Katrina
	5:30-6:15	7-10	Ballet	Katrina
<i>*No experience needed</i>	6:30-7:30	Adult (open level)	Lyrical/Jazz	Katrina
<b>SATURDAY</b>				
	8:15-9:00	Adult/Teen	Zumba	Katrina
	10:00-10:45	9-11	Ballet	Katrina
<i>*audition only</i>	10:45-11:30	9-11	Garnets Team/Jazz	Brianna
	11:45-12:30	7-10	Lyrical	Brianna
	1:00-1:50	Teen	Lyrical	Katrina
	2:00-2:50	Teen	Ballet	Katrina
<i>*audition only</i>	3:00-5:00	Competition	Competition Team	Karrie/Katrina/Cassey

\*Updated 10/4/2020

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# *Gotta Dance Tuition*

## *\*Effective for classes starting October 2020\**

**REGISTRATION FEE:** An annual registration fee of \$20.00 per student or \$25.00 per family will be due at the time of registration. **THIS FEE IS NON-REFUNDABLE** unless the class registered for does not run.

**ANNUAL TUITION** is due at your first class of each month and can be broken down into 9 monthly payments from October through June. Monthly payments remain the same regardless of 3-week, 4-week, or 5-week months. Statements will not be sent out unless payment is overdue. There will be a \$15.00 late fee if payment is not received by the 15th of each month. *There will be a \$20.00 fee for all checks returned by the bank.* Gotta Dance accepts cash, check or automatic credit card withdrawals. Credit card withdrawal forms are available at the studio or on our website and are in effect for the current dance education year, so authorization forms must be filled out each year at the time of registration. \*Tuition is due on the first class of each month or can be mailed to: Gotta Dance, 101 Brick Kiln Road, #4, Chelmsford, MA 01824

### **TUITION PRICES** (*\*effective for classes beginning October 2020*)

30 MIN. CLASS: \$38.00 PER MONTH

45 MIN. CLASS: \$42.00 PER MONTH

1 HR. CLASS: \$46.00 PER MONTH

1 HR. AND 15 MIN. CLASS: \$50.00 PER MONTH

1 HR. AND 30 MIN. CLASS: \$54.00 PER MONTH

**UNLIMITED CLASSES:** \$155.00 PER PERSON PER MONTH; \$235 FAMILY RATE FOR 2 FAMILY MEMBERS; OR \$285 FAMILY RATE FOR 3 FAMILY MEMBERS (excludes Dance Team and Competition Team Fees)

**DANCE TEAM CLASSES:** 45 MIN CLASS (October-June): \$378.00 PER YEAR/\$42.00 PER MONTH (Garnets & Sapphires) 1 HOUR CLASS: \$432.00 PER YEAR/\$48.00 PER MONTH (Diamonds, Emeralds & Rubies)

### **Family Discounts:** (discounts exclude Zumba and Competition Team fees)

3 CLASSES - 10%

4 CLASSES - 15%

5 CLASSES - 20%

**OTHER CLASS OPTIONS:** PRIVATE LESSONS: \$25 PER 30 MINUTE SESSION (EXISTING STUDENTS) OR \$30 PER 30 MINUTE SESSION (NON-STUDENTS)

SEMI-PRIVATE LESSONS (DUOS, TRIOS, ETC.): \$20 PER 30 MINUTE SESSION (EXISTING STUDENTS) OR \$25 PER 30 MINUTE SESSION (NON-STUDENTS)

**ZUMBA:** \$8.00 per individual class. Must pre-register for monthly class session and payment made through Venmo.

**WITHDRAWAL POLICY:** You must notify the studio in writing via email if you intend to withdraw from class(es). The withdrawal will take effect from the date that your email was sent, not the date that the student last attended class. You are responsible for the tuition balance due on your account prior to your withdrawal.

**ANNUAL PERFORMANCE AND COSTUMES:** An annual performance is planned for the end of the season. This will tentatively take place the fourth Saturday of June. Costumes average from \$55.00 - \$75.00 per class. Costumes must be ordered well in advance; therefore, costume deposits will be due on the first week of *November (\$40.00 deposit per costume – THIS FEE IS NON-REFUNDABLE under any circumstances)*. Costume balances will be due the first week of February. Students will receive their costume upon arrival once the balance is paid in full. Refunds will not be given, and costumes cannot be returned. Annual Performance tickets will run between \$20.00-\$22.00 each and are non-refundable. Ticket sale information will be given at a later date.

# Studio Guidelines

## ***Rules and Regulations:***

Students are expected to be on their best behavior at all times, respecting their instructor as well as the studio. Please encourage small children to use restrooms before or after their class. When picking up your child, please try to be prompt in arriving in a timely manner to make the transitional periods between classes run efficiently. For your safety, your child will not be released from class until a parent or guardian arrives inside the building to escort him/her out. Parents are strongly encouraged to drop children off. Socializing in the waiting area can be very distracting the class and instructors. If class has begun, please refrain from any questions or concerns that do not require immediate attention. Questions can be answered between classes. Or by reaching Karrie at (978) 671-0400. If questions or concerns require immediate attention please approach me.

***Dress Codes:*** (please note our tight color for the 2020/2021 season - Jazzy Tan Body Wrappers)

**Acro:** Black leotard or cami, Jazzy Tan Body Wrappers convertible tights, black tap shorts, bare foot.

**Ballet:** Black leotard, Theatrical Pink Body Wrappers tights, ballet skirt or tap shorts, pink ballet slippers, hair pulled back away from face and off shoulders.

**Ballet/Jazz Combo:** Please follow Ballet dress code. Jazz shoes may need to be purchased throughout the year.

**Boys Classes:** Black jazz pants or sweatpants, solid color t-shirt or tank top, split sole dance sneakers or black jazz shoes preferred. (or any sneaker used only for dance class. Black is preferred and may be needed in performance).

**Creative Dance:** Black, pink, or purple leotard (attached skirt optional), any color tights, pink ballet shoes for girls, black jazz shoes for boys. Jazzy Tan Body Wrappers or Theatrical Pink Body Wrappers will be required for recital (TBA).

**Dance Team:** Black leotard, Jazzy Tan Body Wrappers convertible or stirrup tights, black jazz pants or tap shorts, and black jazz shoes, Nude Foot Undeez, hair pulled away from face and off shoulders.

**Hip-Hop:** Black leotard or tight fitted tank top, Jazzy Tan Body Wrappers convertible or stirrup tights, black jazz pants, split sole dance sneakers or black jazz shoes.

**Jazz/Jazz Funk/Broadway Jazz:** Black leotard, Jazzy Tan Body Wrappers convertible or stirrup tights, black jazz pants or tap shorts, black jazz shoes, hair pulled back away from face and off shoulders.

**Lyrical/Contemporary:** Black leotard, black tap shorts or Capris, Jazzy Tan Body Wrappers convertible or stirrup tights, Leather Capezio Pirouettes II H062 in NUDE (for classes ages Teen/Adult) or Foot Undeez (for classes 12 and under), hair pulled away from face and off shoulders.

**Musical Theatre:** Black leotard, black jazz pants or tap shorts, Jazzy Tan Body Wrappers convertible or stirrup tights, black jazz shoes, hair pulled away from face and off shoulders.

**Parent & Tot:** Children can dress in comfortable clothing and bare feet. Parents can come in comfortable clothing and socks or bare feet.

**Pre-Pointe & Pointe:** Black leotard, Theatrical Pink Body Wrappers tights, ballet skirt or tap shorts, pink ballet slippers and pointe shoes, hair pulled back away from face and off shoulders.

**Tap:** Black leotard, Jazzy Tan Body Wrappers convertible or stirrup tights, black jazz pants or tap shorts, tap shoes (ages 7-9 classes Maryjane taps, ages 9+ classes Oxford taps any brand). Please go by class you are enrolled in. Not individual age. Hair pulled back away from face and off shoulders.

***Please do not arrive to dance class with improper attire. Repeat violation of dress code will result in non-participation in class. Jeans, baggy clothing, and hair down will not be tolerated. Proper attire can be purchased at Damien's Dancewear at 10% off (other local stores may also carry these items). Damien's Dancewear is located at 83 Parkhurst Road, Unit #3, in Chelmsford (Drum Hill area) (978-459-7300).***

*\*Jewelry or gum chewing is not allowed in any class at any time.*

## ***Attendance:***

Students are expected to attend class regularly. Attendance will be taken at the beginning of each class.

## ***Weather Conditions/Holidays:***

If there is a school closing or early dismissal classes will be canceled. All canceled classes can be verified by calling (978) 671-0400.

***Gotta Dance*** runs accordingly with the Billerica Public School System schedule and will be closed on all Holidays recognized by the public schools. Our tuition remains the same price each month whether it is a three week, four week or five week month and regardless of holidays, weather cancelations or absences and it secures your student's registration in that class. Classes can be made up by attending any other class equivalent to your own. *\* Refunds will not be given for absences or weather cancellations.*

## ***Performances and Rehearsals:***

A performance is planned for the end of the school year. Tentative dates are **Dress Rehearsal on June 24, 2020 (MANDATORY attendance for dress rehearsal in order to perform in the recital)** and **Performance on June 26, 2020**. All students are expected to participate in this performance. If this may be a concern for you please inform the instructor. This will not affect your child in class however, instructors need to be aware of non-performance participants. As these dates approach, mandatory extra rehearsals will be scheduled to prepare for the performance. This usually takes place one-week prior.

## Instructor Biographies

**Karrie Stang Mason** has over thirty-eight years of study in dance, including jazz, ballet, hip hop, modern, lyrical, line dance, musical theatre and Zumba. She has been teaching dance for over twenty-five years and has held entertainment positions at "Walt Disney World Resorts" and "Premiere Cruise Lines". She is a former member of "Stillpoint Dance Company" in Haverhill, MA and a former member of "Push Factor Dance Company". Karrie lives her life's passion as the founder/owner of **Gotta Dance** dance studio and teaches hundreds of students per week in the Merrimack Valley and Southern New Hampshire area. She has an associate degree in Dance from Northern Essex Community College where she also instructed dance classes, and attended the University of Nevada, Las Vegas in the field of Psychology and Physical Education. Karrie's other accomplishments include choreographing for the Concord Players' production of Chicago, West Side Story, The Scarlet Pimpernel and Dirty Rotten Scoundrels and Carlisle and Concord Middle School's production of Grease Jr., Willy Wonka Jr., Bye Bye Birdie and Godspell at UMASS/Lowell and performing in the musical, The Wiz for the Merrimack Valley Players. Karrie currently spends much of her time choreographing and preparing the **Gotta Dance** competition team for their upcoming season.

**Katrina Rotondi** has been dancing for over twenty years and is experienced in Tap, Jazz, Hip Hop, Ballet, Modern, Lyrical, Line Dancing and Musical Theater. She is also certified in Zumba and Zumba Gold. Katrina has been teaching for over ten years at **Gotta Dance** and also at several senior centers and recreations in the area. She has a bachelor's degree in Theater Arts with a concentration in Dance from Franklin Pierce College. Katrina's other accomplishments include an on-stage appearance in the Concord Players productions of West Side Story and Dirty Rotten Scoundrels. She has also choreographed for the Carlisle middle school production of Into the Woods and Bye Bye Birdie and the Lexington Players Spring Awakening. She is also a choreographer and teacher for the **Gotta Dance** competition teams.

**Jay Newlon** originally a BFA candidate in acting at the University of Tennessee (Clarence Brown Equity Theatre), transferred his energies to dance and studies under such luminaries as Eric Hawkins, Murray Louis, Nanette Charless and Hector Zaraspe in New York. He was an apprentice with the International Ballet of Caracas, a scholarship student with the Boston Ballet and performed in Boston with Jassin (Jeanette Neil), the Danny Sloan Dance Company, Bay State Ballet and the Opera Company of Boston. After a long hiatus, his recent engagements include performances with the Boston Dance Company, the Academy of Ballet Arts and soloist with Northern Ballet Theatre and Melrose Youth Ballet. Jay's recent accomplishments include many performances with the Concord Players.

**Heather Dinsmore** began dancing over 40 years ago and has been dancing as a student of **Gotta Dance** since 2006. With encouragement from family and friends, she has begun a new career - teaching her love of dance to the youngest of dancers. Heather is a Billerica native and took dance classes at Dance Unlimited, Patti Nichol's Dance Center and Donna Miceli Dance Center studying jazz, ballet, tap, and modern. She is a graduate of Eckerd College in St. Petersburg, FL, where she holds a BA in Human Development and a minor in Dance. While in college, she was a founding member of Co-Motion Dance Theater, spent a Winter Term studying theater in London, performed as Adriana in Shakespeare's *A Comedy of Errors*, and performed in the dance ensemble in productions of *A Chorus Line* and *Grease*. Heather worked for many years as a Recreation Director at a retirement home and was certified as a Therapeutic Recreation Assistant. She continued her dance education at Northern Essex Community College towards a Dance Education Certificate and continues to take classes in the area. She also teaches line dance and cardio classes at the Billerica Senior Center and other retirement communities in the area as well as several recreational classes for young students. She is the wife of a Billerica Firefighter and proud mother to Kelly, Joe and Ryan, all alumni of **Gotta Dance**.

**Cassandra Floor** started her dance career in musical theater. While she attended Fitchburg State College, she was the choreographer for Lowell High School's competing Show Choir as well as numerous local community theater productions. She also instructed lyrical classes for the FSC Dance Club and choreographed and performed in FSC's productions of Romeo and Juliet and Zorba! She graduated from Fitchburg State College with a B.S. in Early Childhood Education and a double major in Theater. She served as choreography adjudicator for the Mill City Show Choir Festival from 2008-2010. Currently, she is a first-grade teacher in Lowell Public Schools and shares her love of dance with her students by incorporating movement into their daily routine. Cassandra has been an instructor and choreographer at **Gotta Dance** for over 15 years. She teaches many styles, but she adores lyrical, contemporary, and tap. She enjoys working with serious dancers who want to grow their technique and is proud being a choreographer for the **Gotta Dance** Competition Team. Cassandra shares her love for dance with her daughter, Sophia.

**Jessica Dearbeck** has her Master of Science degree in Organizational Leadership and her Bachelor of Arts degree in Vocal Music from Mercyhurst College. Jessica has several years of dance training in Musical Theater, Ballet, Pointe, Tap, Jazz and Hip Hop. Over the past six years she has held the title of Director/Choreographer for High Schools and Community Theaters in the following shows: Into the Woods, The Wedding Singer, The Pajama Game, The 25th Annual Putnam County Spelling Bee, Grease, Follies, Bye Bye Birdie, State Fair, Anything Goes, and School House Rocks and Oklahoma. Jessica has also appeared in many performances as lead roles and head dancer. She lives her passion as a dance choreographer and instructor in the Merrimack Valley area. She has recently relocated from Pennsylvania to Massachusetts where her husband holds the title of Theater Director at Billerica Memorial High School.

## Instructor Biographies (cont.)

**Dorothea (Thea) Vaporis** has studied ballet, pointe, jazz, and modern in the Greater Boston area for over twenty years. Thea received Vaganova style ballet through her mentor Judith Koeckhoven. She has performed roles in many local performances including the Nutcracker, Coppéila, and Gisele. Thea's love for ballet led her to become a published dance model. Local photographer Ella Prints published prints of Thea as Odette and Odile from Swan Lake. Thea furthered her knowledge of dance through the dance education program at Middlesex Community College. Thea continues learning about dance education through certifications, weekly classes, and workshops. Thea currently works as an esthetician and make-up artist, while working on her BA in History and Art History.

**Brianna Hogan** has been a student at *Gotta Dance* since the age of 3, when she fell in love with dance. She has been dancing for 15 years and continues her dance education with Karrie Mason and the *Gotta Dance* staff as well as working with renowned instructors and choreographers attending master classes and conventions throughout New England area. Brianna has experience in jazz, hip hop, ballet, pointe, lyrical and contemporary. She has been involved with the *Gotta Dance* Competition and Dance Teams for the past 9 years and has performed in over 100 events. Brianna attends Rivier University to get her Bachelor of Science degree in nursing. After completing her bachelor's degree, she plans to get her Master degree in nursing and work as a nurse practitioner, while continuing to teach and share her love of dance with her students. She has been assisting classes for many years and loves working with the younger students at *Gotta Dance*. Brianna is very excited to continue teaching classes in the fall.

**Elisabeth Shaw** has been dancing since she was a year and a half old and is now going on 20+ years of dancing and 8+ years of teaching. First doing recreational dance then joining an elite team to pursue a more challenging form of dance and competing in it as well. She has been the lead dancer in her high school's musical in 2009 and 2010 as well as singing in the school's choir. After she graduated she was given the opportunity to choreograph for the dance team she was a part of growing up and began expanding her dance career there as well. She has won several convention scholarships at West Coast Dance Explosions, NYCDA, and Fire and Ice talent. She has also won outstanding choreography awards for large and small groups, as well as several top scoring soloist awards with her choreography. She has been featured in "The Visionary" a college film, G-Stars "Night Away" music video, Kevin James movie "Here Comes the Boom" and is a former dancer for Karina Rae and the shooting stars. She is always eager to learn the newest dance trends coming out and still continues furthering her dance education today.

**Alyssa Murnane** has been a student at Gotta dance for the past 10 years. Along with her dance education with Karrie Stang Mason and the Gotta Dance staff she has worked with several well-known instructors and choreographers attending master classes and conventions throughout the New England area. Alyssa has experience in acrobatics, ballet, contemporary, hip hop, jazz, lyrical, and pointe. She is a longtime member of the Gotta Dance performance and competitions teams and has achieved many awards over the years for her hard work and dedication. Alyssa has participated in many local performances over the years sharing her talent and love for dance with the community at places such as nursing homes, senior centers, fairs and more. She has also been assisting classes and working with young children for the past four years. This past year Alyssa has taught lessons at the Lowell YMCA and was substitute teaching and choreographing at Gotta Dance. She has also been participating in a teacher training program at Gotta Dance for the past two years. Alyssa loves dancing and working with children who share the same passion and is very excited to become part of the Gotta dance staff for the 2019/2020 season.

**Hannah Jeffers** has been a student at Gotta Dance for 13 years. Along with her years of training from Karrie Stang Mason and the Gotta Dance staff she has attended many master classes and conventions taught by many instructors and choreographers. Hannah has experience in pointe, ballet, jazz, hip hop, tap, lyrical, contemporary, acro, and musical theatre. Hannah is a member of the performance and competition teams and has received many awards and achievements throughout her years of performing and competing. Along with dancing with the studio, Hannah has been a part many of Billerica Memorial High School's musicals such as Playing Favorites 2&3, Sweeney Todd, and Annie for which she was Assistant Dance Captain. Hannah has performed at local shows with our dance teams including senior centers, nursing homes and fairs. She has also been an assistant for four years in Acro, Jazz and Lyrical classes. For about five years, Hannah has been choreographing at a local summer camp that focuses on acting, singing, and dancing. This past year she has started substituting and teaching classes at Gotta Dance. Hannah loves dancing and working with all our students who share the same passion and determination that she has for dance. She is beyond excited to be formally joining the Gotta Dance staff after being a student for so long.

# Class Descriptions

**Acro:** The class will focus on conditioning, flexibility, and tumbling. Basic acro skills such as bridges, rolls, cartwheels, standing back bends, back walkovers, front walkovers, and limbers will be included. As students advance they will learn ariels, handsprings, and tucks. Dance elements will be incorporated into the class as well. Dancers should always come to class in dance/gymnastic attire preferably a leotard or fitted leggings and a cami top. Street clothes are not permitted, and hair must be worn up and securely fastened for safety reasons. Dancers will be barefoot during all acro classes.

**Advanced Classes:** These level II, III, and IV classes are designed for instructors **and students** with a strong dance background. All advanced classes have pre-requisites of at least 2 years in the previous level class.

**Ballet:** This class is the true foundation for all other classes and will enhance your ability to learn all styles of dance. The discipline of ballet will improve posture, coordination, learning ability, and dance etiquette needed to study the art of dance. Ballet class is recommended for all dancers and is required for students taking advanced level classes or participating in performing companies.

**Broadway Jazz:** This upbeat class teaches Broadway-style jazz choreography and stage presence focusing on dance numbers from musicals past and present. Students will learn jazz technique, dance terminology, and develop coordination and flexibility.

**Competition Teams:** Competition Teams are designed for serious dancers who love to dance, perform, and compete. Competition students should dance at least 3-5 hours per week. Dance must be their number one activity. All competition students must be enrolled in ballet and jazz classes. Some dance experience is necessary. Auditions are required. Ages 7-Adult. Please see your instructor for more information.

**Contemporary:** Contemporary Dance is a compilation of different techniques based on Modern Dance. It involves integrating the mind body spirit connection with the dance movement. The dance may also strengthen improvisation skills to express the mood of the piece as there is an emotional connection to this style. This class is designed to expand a dancer's perception of dance by experimenting unique and creative movement in a non-conventional way. Contemporary class will include technique, improvisations, and creative patterns. This divergent discipline of dance is sure to create and/or enhance aesthetic awareness. Dancers are most often barefoot. Some ballet background required.

**Creative Dance:** Creative Dance is designed for preschool aged children. This class helps children to recognize their physical person. It teaches them dance moves with a fun approach through games and songs. This class also includes stretching, tumbling and development of motor skills.

**Dance Teams:** Dance Teams are designed for hard working students who love to dance and perform. They will be challenged with dance routines from all disciplines such as Jazz, Hip Hop, Ballet, Lyrical, Musical Theatre and more. They will be a part of our performing groups dancing at various locations throughout the year and representing "Gotta Dance". All dance team members must be enrolled in ballet class. Auditions required. Ages 7-Adult. Please see your instructor for more information.

**Hip-Hop:** An enjoyable and challenging dance class with hip moves and fun foot work done to top 40 music. This class will enhance strength and coordination. Hip-Hop is very upbeat using different body parts in an up and down motion. Appropriate for both boys and girls!!! Jazz/ ballet class highly increases ability to learn hip-hop, though lit is not required, it is recommended that jazz/ballet class be considered as well).

**Jazz & Jazz Funk:** A great dance class with fun moves, teaching technique, dance terminology, coordination, and flexibility. Choreography will include leaps, turns, kicks, and many traveling steps, along with other fancy moves. This challenging class will be done to upbeat music. Jazz Funk adds a few hip-hop elements to the choreography and class technique. Great for all ages.



## Class Descriptions (cont.)

**Line Dance:** This class is designed for Adults and Senior Citizens. This is a great form of low impact exercise. Learn several Country and Social Line Dances done at functions from the Hustle to the Boot Scootin' Boogie. Dances will be done to a wide variety of music. Give it a shot!!! You'll love it.

**Lyrical:** This expressionistic class includes a combination of ballet and jazz dancing. With the leaps and turns of jazz combined with the fluency of ballet. This class teaches you balance, strength, posture, and the ability to release inner energy. Some ballet background is required, and Jazz experience is helpful.

**Modern Jazz:** This class combines Modern and Jazz foundations and technique. Modern is based on natural, expressive, and sequential movements. This dance technique was developed in the early 1900's along with the modern art explosion. Modern Dance expresses individuality and encourages the students to express a broad range of emotions through various qualities of movement. Students will learn techniques from Graham & Cunningham. Jazz develops isolation movements of specific body parts while incorporating different qualities of movement into choreographed sequences. The foundations of jazz will be based on Luigi's technique. Improvisation, creative movement, and basic technique are all incorporated into this Modern Jazz class.

**Musical Theater:** Fun, Fun, Fun!!! For the dancer who wants to act or the actor who wants to dance. This class is definitely designed for the "performer." Come on Drama Queens! This class will teach stage presence and self-confidence along with stylistic moves from Broadway musicals. Group vocals will play a role in this class. Too shy?? Come join us anyway, we will change that! Designed for ages 7+.

**Parent & Tot:** Your toddler is using his/her skills to become a good problem solver and is beginning to understand the patterns and actions they need to perform, and in what order, to reach a goal. Through this motor planning, they will imitate and will begin to understand the use of objects. The activities we will do will support motor planning, color recognition, listening, taking turns, and following directions.

**Tap:** Let's make some noise! This fun class will teach the coordination of making rhythmic music with your feet. This class will consist of quick foot work with upper and lower body movement while learning to understand more about music and its rhythm.

**Zumba®:** This Dance/Aerobic program incorporates footwork and body movements from flamenco, salsa, and other dances. Participants pump their legs, windmill their arms, gyrate their hips, clap their hands, dip, slide, and spin all to a frenzied beat that leaves them with flushed cheeks and dripping in sweat.

# ***Gotta Dance***

## **2020/2021 Calendar**

We follow the **Billerica Public Schools** weather related school delays/cancelations – if school is delayed, no morning classes before 12:00 pm, if school is canceled, the studio will be closed. There will be a message on the studio voice mail to confirm openings and closings as well as notices posted to our social media: (Facebook – “KS Gotta Dance”, Instagram – “ksgottadance” and Twitter – “@ksgottadance71”).

**\*Due to the Covid 19 Hybrid School model of learning and the possibility of no cancelations due to weather, please call the studio or watch for an email or Facebook post regarding weather related studio closures.**

### **2020**

Monday, October 5 <sup>th</sup>	First day of 2020/2021 classes begin!
Monday, October 12 <sup>th</sup> , Columbus Day	CLOSED – no classes
Tuesday, November 3 <sup>rd</sup> , Election Day	OPEN for all classes
Wednesday, November 11 <sup>th</sup> , Veteran’s Day (Observed)	CLOSED – no classes
Wednesday, November 25 <sup>th</sup> – Saturday, November 28 <sup>th</sup>	CLOSED for Thanksgiving holiday weekend
Wednesday, December 23 <sup>rd</sup> – Friday, January 1 <sup>st</sup>	CLOSED for Christmas holiday/school vacation week

### **2021**

Monday, January 18 <sup>th</sup> , Martin Luther King Day	CLOSED – no classes
Monday, February 15 <sup>th</sup> – Saturday, February 20 <sup>th</sup>	CLOSED for February school vacation week
Monday, April 19 <sup>th</sup> – Saturday, April 24 <sup>th</sup>	CLOSED for April school vacation week
Monday, May 31 <sup>st</sup> , Memorial Day	CLOSED – no classes
Monday, June 21 <sup>st</sup>	Last day of 2020/2021 classes
Tuesday, June 22 <sup>nd</sup> - Wednesday, June 23 <sup>rd</sup>	In-house studio rehearsals
Thursday, June 24 <sup>th</sup>	Dress Rehearsal
Saturday, June 26 <sup>th</sup>	Annual Recital Performance

## *Gotta Dance* Policies for a Safe Reopening

### Please Take Note:

- Dancers should arrive at *Gotta Dance* dressed and ready to dance. There is no changing allowed anywhere in the facility.
- If you arrive prior to class time, please wait in your car to avoid crowding outside. Dancers and parents will not be able to wait in the waiting area before class.
- Classes may be shortened to allow for time in-between classes for social distancing and sanitizing.
- The waiting area and restrooms will be monitored to ensure social distancing during class transitions and exits.
- The “lost and found” has been removed. Anything left at the studio at the end of the day will be thrown away.
- Dancers who have a break in-between classes will need to wait in their car.
- The vending machine is not available for snacks and the water fountain is not available for drinking, so dancers should bring their own water bottle labeled with their first and last names and have a snack in their car if needed.
- No dance shoes are available to borrow or use for class, so please be sure your dance bag is packed appropriately.
- Dancers, teachers, and parents will wear masks at all times in the waiting area.

### Things dancers need to bring to dance class:

- Reusable water bottle (with full name written on the bottle)
- Dance bag tagged with the dancer’s full name and emergency contact name and number
- Personal hand sanitizer
- Towel
- Mask

### Drop off & Pick up:

- Dancers should wait in their cars until their teacher comes to the front door to welcome them into class.
- All dancers will be picked up from the main entrance and escorted out from the main entrance by their teacher.
- The waiting area is closed to anyone other than teachers and dancers.
- Parents/Guardians of dancers between the ages of 2 and 8 are encouraged to wait in their cars in the parking lot in case their dancer has any issues.
- Anyone entering the studio **MUST** wear a mask (except students 3 years or younger). Dancers age 4 and up are recommended to wear a mask while dancing but it is not required. Mask removal will be in the studio.

### During class:

- All teachers and dancers must sanitize hands upon entry to the studio space.
- All dancers age 4 and up must wear a mask at all times except while actively dancing.
- Teachers will be masked at all times.
- Upon entering the studio space, dancers will be directed to a 6 x 6 dance “home” with their dance bag and water on the designated spot in the corner of the “home”. Dancers must stay inside their dance home during the entire class.
- Only one dancer at a time will be permitted to go to the restroom at a time.
- Dancers must wash hands or sanitize after every change of shoes.
- Class formats will be modified to remove any activity that would require contact between students. Lesson plans will be altered to avoid extreme physical exertion – focus on stretching and core strength rather than cardio.
- Teachers will have no physical contact with dancers, corrections will only be given verbally.
- Any dancer who cannot follow the physical distancing guidelines may be asked to leave the class.

### Health Screening:

- Parents are expected to screen their own dancers for Covid 19 or other transmissible disease symptoms.
- Anyone with a cough, difficulty breathing, head lice or fever greater than 100 should NOT come to class.
- Anyone who has been in contact with a person who has tested positive for Covid 19 in the last 14 days may not enter the studio spaces.

### Protecting our students and staff:

- HVAC will be turned on in each studio to assist with air circulation.
- An air purifier has been installed in Studio A.
- The entire facility will be deep-cleaned and sanitized once each week.
- Staff will disinfect all equipment, touch surfaces and entry points before and after each class.
- Props and mats, if used, will be cleaned after each class.

### When to stay at home:

- Anyone uncomfortable with sending their child to the studio for any reason at this time.
- Anyone with a dancer or family member that feels ill or has a fever.
- Anyone living with an immunocompromised family member.
- Anyone living or interacting with elderly people on a regular basis.
- Anyone that has been exposed to someone that has tested positive for Covid 19.